

## KARA YOUTH AND FAMILY SERVICES

### BIBLIOGRAPHY ON CHILDREN AND GRIEF

#### FOR TEACHERS, PARENTS & OTHER PROFESSIONALS

##### *EXPLAINING DEATH AND GRIEF TO CHILDREN AND TEENAGERS*

Alderman, Linda. Why Did Daddy Die? Help in a Child Cope with the Loss of a Parent. Pocket Books, 1989. (Widow with 2 small children shares her personal story , practical advice, and theories of children's concepts of death and grief; excellent.)

Elizabeth DeVita- Raeburn. The Empty Room: Surviving the Loss of a Brother or Sister at Any Age. Scribner, New York, 2004. (The author draws from her own experience of the loss of her brother and interviews with 77 survivors of sibling loss. She explores the impact of death on the surviving siblings, and how they are deprived of the mourning process because many parents do not discuss the death of a child with them.)

Grollman, Earl. Bereaved Children and Teens: Support Guide for Parents & Professionals Boston: Beacon Press, 1996. (A guide to help children & teens cope with the emotional, religious, social & physical aspects of death.)

Grollman, Earl. Talking about Death: A Dialogue between Parent and Child. Boston: Beacon Press, 1996 (One of the best books to discuss death with children.)

Hammond, Janice M.. When my Dad died: Child's View of Death and When My Mommy Died: A Child's View of Death. Cranbrook Publ., 1981. (Includes preface for adults with specific ways to help grieving child. Section at end for child to write/draw his/her own story/feelings is very good, as are the open-ended questions.)

Heegaard, Marge. Coping with Death and Grief. Lerner, 1990. (Stories about young people's experiences with death. Gives basic facts, discusses stages of grief. Includes suggestions for letting out the feelings of sadness and anger.)

Heegaard, Marge. When Someone very Special Dies: Children Can Learn to Cope with Grief. Woodland Press, 1992. (Very practical workbook guiding children through grief. Includes 21 pages to be illustrated and personalized.) Also available: Facilitator's Guide for " When Someone Very Special Dies." To be used with support groups Ages 6- 12.

Jewett, Claudia. Helping Children Cope with Separation and Loss. Harvard Comm. Press, 1994 (Excellent resource for the untrained adult responding to children. Identifies forms of behavior to expect.)

Kubler-Ross, Elizabeth. On Children and Grief. NY: Macmillan, 1983.

Mellonie, Bryan and Ingpen, Robert. Lifetimes: The Beautiful Way to Explain Death to Children. Bantam Books, 1983. (Beautiful photos and story). Ages 3- 10.

Morgan, John D. Dying and the Bereaved Teenager. Charles Press, 1990. (Deals with the seriously ill or dying teenager, bereaved teenagers and the protocols schools can adopt to help students cope with death.)

O'Toole, Donna. Aarvy Aardvark Finds Ho12e -Teaching Guide. Rainbow NC, 1989. (Excellent guide to use with book of same name to help teach the grief process. Includes discussion questions, creative expression projects.)

O'Toole, Donna. Growing Through Grief: K -12 Curriculum to Help Young People through all Kinds of Grief Rainbow, 1989. (Excellent curriculum for many losses. Includes developmental charts, reproducible handouts.)

Rofes, Eric, Kids' Book about Death and Dying. Boston: Little Bown, 1985. (Children-to-children perspective on death. For children and for parents and adults helping children who are grieving.

Rosen, Helen. Unspoken Grief: Coping with Childhood Sibling Loss. Lexington, Mass: Lexington Books, 1990.

Rudman, M.K. Gagne, K.D. Bernstein, J.E. Books to Help Children Co12e with Separation and Loss. (An annotated bibliography) 2<sup>nd</sup> Ed. New York and London: R. R. Bowker Co.,1993. Ages 3-6.

Russell, Katherine Bell. Guiding Children Through Grief: A Resource Manual of Recommended Books to Help Young Children Cope with Death, Dying, Grief. Centering Corp, 1989. (Reviews of currently available books for children ages 2 -10, with illustrations, age and subject categories.) Ages 2-10

Schaefer, Dan and Lyons, Christine. How Do We Tell The Children? A Step by Step Guide for Helping Children Two to Teen Cope When Someone Dies. Newmarket Press, 1993.